

2018

THE SPA

at ILSINGTON

NEAR HAYTOR, DARTMOOR



Spa Packages

The Spa exudes an atmosphere of complete calm and relaxation. With beautifully tiled floors, well appointed changing rooms and the latest facilities, the Spa at Ilsington offers an exclusive corner of peace and tranquillity with a hint of Tibetan Influence.

Relax in the hydrotherapy pool and let the soothing bubbles envelop you and then take a seat in the sauna or steam room and surround yourself by the comforting aromas and sounds accompanied with mood lighting. Maybe time for a dip in the indoor pool and swim a few lengths before showering off and relaxing with a magazine pool side.

Our Spa includes:

- Heated indoor pool (11m x 5m)
- Hydrotherapy pool (4.5m x 3m)
 - Steam Room
 - Sauna
- Beautifully finished changing rooms
- Well equipped fitness suite with Lifestyle equipment
- Pool side shower including 'kubel dusche' – an elevated bucket of cool water which tips on you when you pull the lever

The following packages are subject to availability and should be booked in advance as we do restrict numbers entering the Spa. The maximum group size is 6 at the weekend and 8 during the week. Treatments can be booked to supplement any of the packages chosen and a list of these can be found on our website or at Reception.

On booking a credit card is taken to guarantee your reservation. The Spa operates a 48 hour cancellation policy and a full charge may be made if cancellations or amendments to bookings are made after this time.

Please ensure you arrive at the time specified in your booking.

Upon arrival, please come to the main hotel Reception where you will be greeted by a member of staff who will familiarise you with the Spa procedures and facilities. If you are having a treatment, please arrive at the waiting room at least 10 minutes prior to your treatment in order to complete our health questionnaire and ensure you receive your full treatment time.

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Spa Packages



Spa Day Comfort – £27.00 pp

- Use of all the facilities within the Spa. Available 7 days a week from 10.00am to 7.00pm. *(Limited availability Friday to Sunday).*
- Complimentary robe, towel and slippers for your comfort.
- You are welcome to make use of the hotel facilities for food and drinks and book any treatments you may require.

Time for Tea – £35.00 pp

- Use of all the facilities within the Spa. Available 7 days a week from 11.00am to 4.00pm. *(Limited availability Friday to Sunday).* Afternoon tea served 2.00pm to 5.00pm.
- Complimentary robe, towel and slippers for your comfort.
- Devonshire Cream Tea – *Two homemade scones with clotted cream and jam and a pot of tea. Served in the lounge or on the terrace.*

Devon Spa Day – £55.00 pp

- Use of all the facilities within the Spa. Available 7 days a week from 10.00am to 4.00pm.
- Complimentary robe, towel and slippers for your comfort.
- 25 minute treatment (back, neck and shoulder massage or facial).

Sunday Indulgence – £70.00 pp

- Use of all the facilities within the Spa. Available 9.30am to 1.30pm or 2.00pm to 6.00pm. Available Sundays only.
- Complimentary robe, towel and slippers for your comfort.
- 25 minute treatment (back, neck and shoulder massage, facial or scalp massage).
- 2-course Sunday lunch served in Blue Tiger Inn (our onsite bistro) between 12noon and 2.00pm or on the terrace.

Twilight Spa – £40.00 pp

- Use of all the facilities within the Spa. Available Monday to Thursday 4.00pm to 8.00pm.
- 2-course dinner served in the Blue Tiger (our onsite bistro) 6.30pm to 9.00pm.
- We provide a complimentary robe, towel and slippers for your comfort.

Haytor Experience – £85.00 pp

- Use of all the facilities. Available 7 days a week from 9.00am to 2.00pm or 12noon to 5.00pm.
- Complimentary robe, towel and slippers for your comfort.
- Fresh juice or smoothie of the day.
- 2-course lunch served in the Blue Tiger Inn (our onsite bistro) between 12noon and 2.00pm or an Ilsington Afternoon Tea between 2.00pm and 5.00pm.
- 40 minute treatment (back, neck and shoulder massage, facial or Pressure Point feet and scalp massage).

Ilsington Luxury Spa Experience – £105.00 pp

- Use of all the facilities within the Spa. Available 7 days a week from 10.00am to 8.00pm.
- 2-course lunch served in the Blue Tiger Inn (our onsite bistro) or on the terrace (served between 12noon and 2.00pm) with a chilled glass of Champagne.
- We provide a complimentary robe, towel and slippers for your comfort.
- A luxurious 55 minute treatment of your choice (full body massage, luxury facial or full body exfoliation with scalp massage).